

Have You Filled a Bucket Today?



Winner of Eight Awards!

A Guide to
Daily Happiness
for Kids



By Carol McCloud . . . Illustrated by David Messing

All day long, everyone in the whole wide world
walks around carrying an invisible bucket.



You can't see it, but it's there.



You have a bucket.
Each member of your family has a bucket.





Through sweet, simple prose and vivid illustrations, this heartwarming book encourages positive behavior as children see how very easy and rewarding it is to express kindness, appreciation, and love on a daily basis.

“A childhood play toy becomes the symbol of universal compassion and caring. Carol McCloud guides the readers towards making the world a better place to be. Her bucketfilling symbolism is written with sheer simplicity, yet results in powerful returns.”

— Donna DeWitt-Schnell, thirty-year public education teacher; 2005–2006 Lake Orion, Michigan, Middle School Teacher of the Year; mother and grandmother.

“This delightful book leads the reader to draw from the wisdom of his or her own heart. The power of affirming words and actions to strengthen families and spread joy is captured in the simple and enduring concept of bucket filling.”

— Karen Wells, parenting facilitator; mental health clinician; counselor and teacher; mother and grandmother.